

September 2018

Dear 3rd Grade Parent/Guardian,

The Estacada School District Comprehensive Sexuality Education Plan reflects the growing body of science-based research emphasizing the teaching of functional health knowledge that supports students in developing the essential health skills necessary to adopt, practice, and maintain a lifetime of good health and wellness.

Copies of the Comprehensive Sexuality Education standards, the curriculum for each grade level, instructional materials are available for public review and have gone through such a process before the approval from the school board for purchasing. Some of these materials are available at the local school level or online. Parents and guardians are asked to check with the principal and/or the child's teacher to view the materials.

The standards that all students K-5 will address from the Comprehensive Sexuality Education plan include some standards from the following 2012 Oregon Health Standards strands: Prevention and Control of Disease, Promotion of Mental, Social and Emotional Health, Violence and Suicide Prevention, and Promotion of Sexual Health

All classrooms will receive yearly instruction to address SB-856. These lessons, from [TBD], support the following standards for K-3:

- Explain the difference between appropriate touch and inappropriate touch.
- Identify parents, and other trusted adults they can tell if they are feeling uncomfortable about being touched.
- Demonstrate how to clearly say no, how to leave an uncomfortable situation, and how to identify and talk with a trusted adult if someone is touching them in an uncomfortable way.
- Practice and use refusal skills if someone is touching you inappropriately.

Schools will hold a yearly meeting for parents and guardians to review the Comprehensive Sexuality Education program. This is an opportunity for parents and guardians to be informed about the program, when materials will be taught, and how parents and guardians can reinforce the content.

Parents/guardians may choose to have their children opt-out of one or more standards pertaining to the comprehensive sexuality plan. Students whose parents choose to opt-out of one or more standards will spend that time outside the classroom in a designated area such as the Media Center or other areas to be determined by the school's administrator. Students will not be penalized if parents or guardians choose to opt-out; however, students will be expected to work independently during that time with minimal adult supervision and engage in another age-appropriate health-related study.

If you have any questions, please contact your child's teacher, principal, or the Director of Curriculum, Instruction, and Assessment at (503) 630-6871.

Comprehensive Sexuality Education 3rd Grade Parent/Guardian Opt-Out Form

SCHOOL _____ DATE _____

STUDENT NAME _____ TEACHER NAME _____

STUDENT'S PERMANENT HOME ADDRESS _____

PHONE NUMBER: _____ EMAIL ADDRESS _____

The Comprehensive Sexuality Education standards taught in your child's class can be found online or at our parent information nights. If your child will participate in this instruction, you do not need to return this form. If you do **NOT** want your child to receive instruction in any of these standards, please sign your name next to that standard and return the form to your principal. Your child will be given an alternative assignment and assessment in place of the instruction on the initialed objective. The child is expected to comply with school rules and policies while working on the alternative assignment and assessment and a grade will be given for this assignment and assessment. Please contact your child's teacher for specifics as each case may be different depending on which standard(s) are signed. The alternate assignment are to be similar in nature to length and depth of opted out standards.

Please sign next to the standards that you wish your child to receive an alternate assignment and assessment for below:

Parent Signature	Essential Learning Standards
	Explain ways & share strategies to prevent communicable and noncommunicable disease and understand the difference.
	Identify personal stressors at home, in school, and the community. Set a goal to help manage stress.
	Demonstrate the steps of problem-solving, anger management, and impulse control.
	Identify why bullying, cyberbullying, harassment and teasing are detrimental to health and safety.
	Demonstrate how to respond and report if someone is bullying, harassing, or teasing.

PLEASE RETURN THIS FORM TO THE PRINCIPAL BY October 1, 2018.

PARENT/GUARDIAN SIGNATURE _____

DATE _____

To view the materials your student will be using in class please refer to the links below:

Instructional Materials: Protect Yourself Rules = <http://fightchildabuse.org>

Health Smart = www.etr.org/healthsmart

Go to "Digital Version"

Username: sullivans@estacada.k12.or.us

Password: health1

For access to the CESP plan go to this link:

http://www.estacada.k12.or.us/news/Test/district_creates_comprehensive_sexual_education_pl